

# TRAVEL PACKING LIST



## Carry On

- Passport, ID and visa's
- Credit card, money, traveller cheques or travel money card
- Itinerary and travel bookings
- Any necessary medications
- Glasses and sunglasses
- Mobile phone
- Change of clothes
- Hand sanitiser gel / wipes
- Compression socks
- Travel pillow / blanket / eye mask
- Notepad and pen
- Books / eBooks
- Headphones / earbuds / music
- Valuables, such as jewellery
- Empty water bottle, fill up after customs
- Snacks

**Tip** - Remember to load your travel destination guides, reading and game apps prior to departure!



## Clothing

- Underwear
- Socks
- Hat
- Scarves
- Sleepwear
- Thermals
- T-shirts / tops
- Long sleeve tops / shirts
- Jumpers
- Coat / spray jacket
- Pants / jeans
- Shorts / skirts / dresses
- Belt / jewellery / accessories
- Swimwear and sarong
- walking / hiking shoes
- Casual shoes
- Nice shoes
- Thongs
- Travel towel
- Laundry bag

**Tip** - Divide your money and store it in a few different places. If it gets lost or stolen, you'll still have some to get you out of trouble.



## Toiletries

- Toothbrush
- Toothpaste
- Hair brush / comb
- Shampoo and conditioner
- Soap / shower gel
- Deodorant
- Moisturiser
- Sunscreen
- After sun lotion
- Makeup
- Tissues / wipes
- Shower cap
- Insect repellent
- Nail file / clippers



## Extras

- Photocopies of passport, ID, and visa's
- Vaccination records / proof
- Travel Insurance documentation
- Emergency contacts
- Medications with the original prescription and doctors letter

- Destination information / maps
- Travellers first aid kit
- Luggage locks or cable ties
- Camera and memory card(s)
- Tablet / laptop / kindle
- Power adapter(s)
- Electronic chargers
- USB power bank
- Binoculars

**Tip** - Pack clothing to allow for layering, this will allow for different climates and packing light.

**COTA Insurance 1300 1300 50**